



L'École Secondaire Victoria High School

est. 1876

Newsletter

November 2022



Principal's Message


It has been a remarkably typical / busy start to the 2022-23 school year. Adding to our excitement has been the integration of our largest grade 9 class since Vic High moved to a 9-12 configuration. The over 240 grade 9s have pushed us over our stated capacity at our temporary campus. While it has been cozy, I do feel we have successfully accommodated all our regular instructional and extracurricular activities in our dual campuses.

Speaking of our dual campuses, it is a little disappointing, but not completely surprising, that our return date of September 2023 has been moved to January 2024. While we are eager to move into our newly renovated Fernwood campus, I much prefer knowing that we will have the time to properly prepare and test our facility prior to starting instruction in the renovated spaces. From what I see of the plans and current progress, the building will be worth the wait.

I am hopeful your children have had a successful first term. As always, you are welcome to reach out to teachers or the admin staff to discuss your child's education and well-being.

Take care,

Aaron



We are now approaching the season when inclement weather may affect the safety and welfare of students. In particular, snowy weather has the potential to cause school closure or some School District 61 services to be suspended.

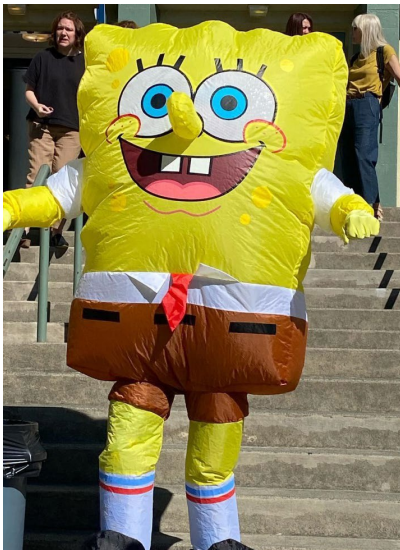
During inclement weather, information about schools will be updated continuously on the Greater Victoria School District 61 website at <http://www.sd61.bc.ca>.

Within the Greater Victoria School District, the Interim Superintendent of Schools, Deb Whitten, will provide media outlets with information about the status of our facilities and transportation services by 6:30 am.

Important Upcoming Dates

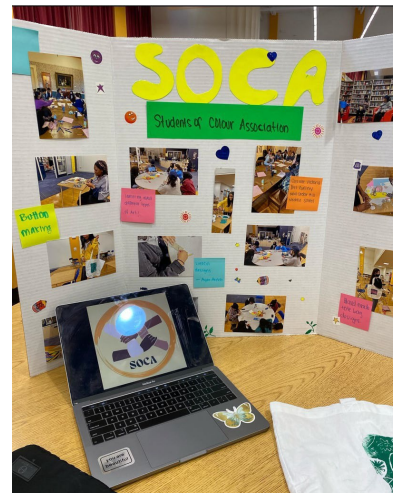
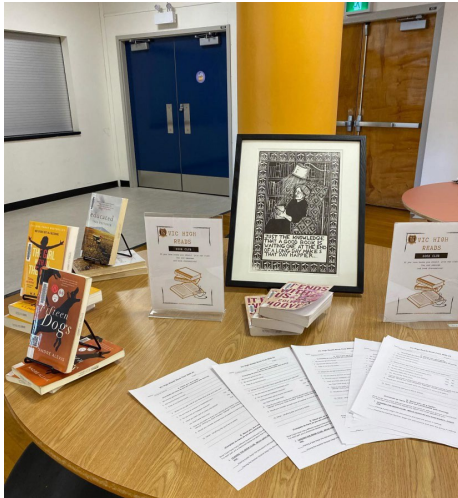
December 7 th	Winter Band Concert
December 9 th	Grad Winter Formal
December 12 th	PAC Meeting
December 16 th	Santa's Breakfast
December 19 th – 30 th	Winter Break
January 2 nd	Last Day of Winter Break
January 3 rd	First Day of Classes
January 9 th	Register for Assessments
January 23 rd to 26 th	Numeracy/Literacy Assessments
January 25 th	Français Langue/Exams A&C
January 26 th	School Exams B & D
January 30 th	Last Day of Quarter 2

Back to School



Clubs Fair

We held a club's fair in early October to showcase the clubs that are running this year at Vic High



Dance Department

Break Dance Workshops

Dance Department with the support of PAC are offering Break Dance workshops for a 6-week period. Time to bring back the B-Boys and B-Girls and Breakers—thanks to Ray who travels all the way from Vancouver to spend time with our dancers and athletes in this one-day (Wednesdays) event.



Break dancing originated in New York City during the late 60s and early 70s with the film industry thriving on its popularity during the 80s. The moves come from a variety of sources including Martial Arts and gymnastics. As our dancers have discovered, break dancing requires a lot of strength and flexibility. Largely improvisational the dancers have learned freezes, power moves, down rock and top rock. Challenging, inspiring and fun.



New VHS Club: GEMS

The GEMS is a group of 9 Intermediate and Advance dancers under the leadership and inspiration of Leika Suto.



They are choreographing in the genres of hip hop, Jazz Fusion, Whacking and Interpretative. GEMS seek to perform at every opportunity for our Vic High Community & aspire to have 2 new works ready for the GVPA Festival this year. These highly motivated dancers meet up to 5-7 times a week and take advantage of every opportunity to work collaboratively together.

Well done Leika and Dancers!



Beginner Dancers Block C & D to Perform at Dunnett Community Theatre

Ms. Krich's dancers from Block C & D will be joined by Ms. Leigh's Dance Co. for an end of Semester 1 celebration at the Dave Dunnett Theatre, on Tuesday, January 17th. An evening of Hip Hop, Jazz Fusion, K-Pop., Contemporary, Ballet, Jive and Tap that includes our Young Choreographers with their new works. Please set aside the date and join the dancers for an evening of fun & entertainment.

Athletics

Vic High athletics are off to a busy start! Our senior boys' soccer team had a building year but gained momentum as the season progressed and headed into playoffs. Many thanks to Mr. Herlaar, Ms. Ackinclose and Ms. Lukat for their support.

The cross-country team had 2 athletes qualify for the provincials. Congratulations to Parker Aiken and Brian Pinion on their hard work this season and provincial results.



Parker Aiken (grade 10) came 31st and Brian Pinon (grade 11) came 95th. Many thanks to Ms. Trumpy and Mr. Parker for their support of the team.

Our volleyball teams kept our athletes busy. Our junior boys' and girls' teams had fun and competitive seasons. Thank you to Ms. Conkin, Nathaniel, and Mr. Campbell for their work with these teams. Our senior boys' team, coached by Bethany Murphy, and our senior girls' team, coached by Mme Morrison, are set to compete in the Island Championships in late November and are hoping to earn a spot at the provincial championships. Let's go Vic High!

Vic High basketball returns to the gyms with games beginning in early December. Teams are close to being formed and are working hard to prepare for their seasons.



Senior girls volleyball Team

This year we had a record number of girls come out for our senior girls' volleyball team. We chose a team of 13 grade 10, 11 and 12-year-old who have come together to become an incredible team! The girls played in three tournaments and are finishing the year with a third-place finish among the 3A schools on the South Island, securing them a berth to the island championships November 18/19th in Campbell River.



The girls were also super proud to host, alongside the senior boys' team, a staff vs. Students volleyball match on November 17th. It was so much fun and it was so great to see so many staff and students out to cheer on our teams.





To help support their travel and tournament expenses the girls have taken on a number of fundraising initiatives and this Fall we opened an account at the Bottle Depot. If you have any recyclables that need to be returned, please consider bringing them to any Bottle Depot location and letting them know, prior to being rung in, that you would like the proceeds to go to Vic High girls volleyball. It's as easy as that and the money raised helps us out tremendously!!!

The team would also like to thank local volleyball coach, Nathaniel, for his support of our team this season!!! We are already looking forward to the next one!

French Immersion



Our French Immersion students have been very busy since the start of the school year! We are excited to welcome Mme Reed to our program, who has been busy working through many social studies themes and concepts with our junior students!

In Francais Langue 9/10 class our students have been working on creating postcards representing the different francophone countries that we have been exploring and in francais Langue 11/12 our students have been practicing their listening and speaking skills in preparation for their provincial assessment in January. For more information on the assessment, students are welcome to visit their CLC google classroom, where it is all provided.



Our Sciences humaines 11 students also had the chance to engage in municipal politics! Our very own Matti Waldren organized an All Candidates Forum in the school library and students had the chance to ask questions and learn more about the municipal election in October. Our grade 11 students then went on a tour of city hall and met with Lisa Helps, who helped them understand some of the intricacies of running a city!

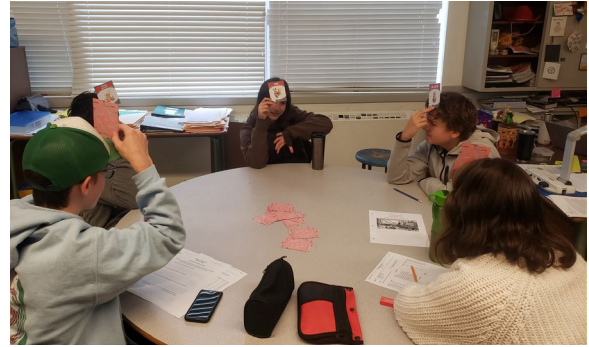




Mme Mengual is back teaching our PE and CLE classes in French and students have been busy playing a variety of different games and working through a variety of different health units. We are excited to be heading to the Save on Foods Memorial arena on December 6 for our annual French Immersion skating event!



As we head into the new year and the end of semester one, we will send out invitations to Night of the Notables, an evening of learning and inquiry hosted by our current sciences humaines classes. We are so excited to be hosting this event in person again this year!



Cornerstone Breakfast



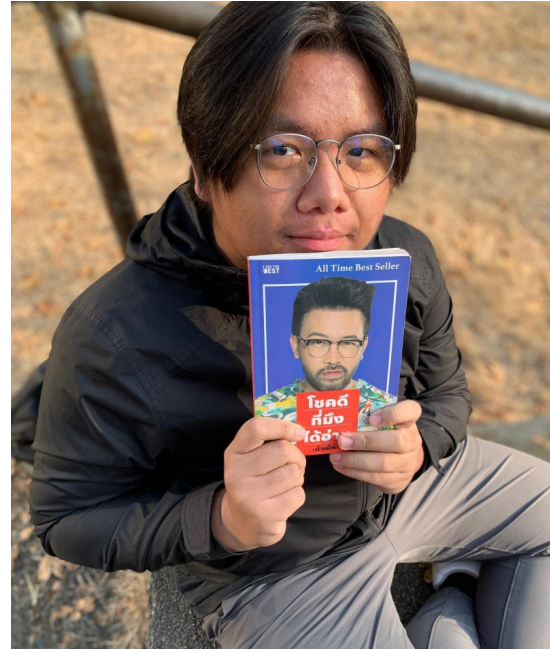
Vic High Leadership students prepared 2000+ pancakes for our annual Cornerstone Breakfast!



Drop everything and read!

Drop Everything and Read Day, students took half an hour to destress and decompress with a book of their choosing





Fairy Tech

Automotive – Automotive 9/10 working on bike repair at Vic High Fernwood





Auto body10 - **dent repair on fenders**



Metal 10 - **Machining**



Textiles

Wood 10 - **Wooden bowl lathe turning**



Electrical 11/12 - **Wire installation**



This semester's Block B Textiles 10 class has been whipping up a ton of great projects.

FYI Textiles 10 is our Beginners Sewing Class. Any student grades 9,10, 11 or 12 can sign up for this introductory sewing class and learn all the basics, no experience needed. Great job on your textile projects so far.



Valan C with his Chiyo Dad original design with upcycled polar fleece.



Ayane O with her reversible shoulder bag, made with upcycled upholstery fabric.



Octopus a plenty!



Nora M's Among us Crew



William Y's Pug Printed Potholder



Madison G's Quilted Potholder

Textiles Arts Club!



Are you crafty? Each morning on Tuesdays, Wednesdays and Thursdays before school Room 104 is open to all students and staff as a 'maker space'. Drop by whenever you get a chance for this new Vic High Club. Time is Between 8:00 am -9:00 am. Where?- The Textiles Classroom- Room 104 / Drop in whenever you can...

No experience needed. Some potential activities...Knitting, Crochet, Needle Felting, Embroidery...

If you have any questions please contact the Sponsor
Teacher-Ms. Adamschek
Give it a chance-Come to school early, grab a slice of
toast and spend some time with other crafty folks.



**Are you wishing to purge your craft
and sewing supplies?**



The Vic High Textiles Home Economics Department
LOVES and appreciates your cast offs.

We especially love the following items

- Scrap fabrics both knit and woven.
- Spools of Thread.
- Vintage and new sewing notions.
- Anything related to embroidery.
- Old sewing patterns.
- Polyfill stuffing.
- Fashion magazines
- Old sewing machines (we fix them up and pass them onto Vic High textile students to take home.)

Please drop off to the school in boxes labeled

Attn: Ms. Adamschek

**PS- if we can't use it we pass it on and or
make sure it stays out of the landfill.**

Grad Spirit Days

"Anything but a Backpack" Day





Adam Sandler Day



Throwback to 2005 Day



Pirates vs Western



Blowing Out the Dust. The show featured R&B, Jazz Band and both Junior and Senior Concert Bands.



Music



Toast Program



Our Toast Program is back on Tuesdays and Thursdays!



Vic High's Music students put on their first concert of the year.

Halloween





**Congratulations to the following students who achieved a 4.00 grade point average in the
November reporting period of the 2022-2023 school year (Minimum 3 courses)**

Grade 12

Cohen, Aiken
Chiara, Aimino
Etienne, Allard-Shiau
Cameron, Bartleman
Jackson, Bodnar
Tamsin, Bowles
Siena, Chan
Maya, Chapman
Abigail, Dunbar
Jonas, Hsu
Liona, Korchagina
Bella, Leopkey
Saidi, Mader
Bianca, Mastropaolo
Addy, Mauro
Federico, Milani
Alice, Napione
Ben, Orchard
Leo, Rysiew
Aina, Saitoh
Simeon, Sanford Blades
Oscar Schuckel-Bailey
George Sleen
Ella-Jo, Spindler
Julia, Troost
Ella, Willams

Grade 11

Emily, Archibald
Adrian, Benito Guijarro
Graeme, Booth
Beatrice, Butterfield-Cowan
Erina, Clayton
Emma, Donald
Solange, Dorsainvil Lyons
Lucy, Fraser
Hannah, Fudge
Naomi, Gladman
Colin, Godwin
Ocean, Harris
Aviva, Isitt
Raiker Gylan, Javier
Michel Kaase
Charlotte, Lohner
Leo, Looi
Andrea, Moneda
Letizia Hellermann Moral
Luisa Leni, Neteler
Fred, Niedjalski
Billy, Nolan
Brian, Pinon
Shane Priestley
Piper, Read
Hanna Siegel
Victoria Lara, Stock
Jenny, Walshaw
Lilah, Weston
Micah Yewchuck-Noesgaard

Grade 10

Abrar MD, Alam
Jill Denisse, Bautista
Amber, Cheong
Zora, Contandriopoulous
Alexi, Coppard
Miguel Ezra, Corda
Amika, Crawford
Maya, Espinosa
Violet, Gleed
Caleb, Gotro
Keida, Hyatt
Danielle, Jensen
October, Leir-Apedaile
Katie, McDonnell
Asuka, Menard
Coral, Nelson
Larraine, Oscars
Frieda, Roeh
Jordan, Sivonen
Giovana Vasconcelos Da Luz
Gianna Desiree, Von Andrian-
Werburg
Lucy, Williams

Grade 9

Ephrata, Abebe
Eman, Al Kahwaji
Emily, Andison
Lindsay, Archibald
Liam, Baker
Lanna, Caverhill
Raghad, Chaaban
Avner, Dachsels Kerr
Annie, Dos Santos
Katie, Dunbar
Charlotte, Edmundson
Ella, Erickson-Harvey
Kendal, Hartwig
Vanessa, Hayes
Rowen, Hilhorst
Farren, Hribal
Hannah, Janz
Vlad, Kozubenko
Azura, Lepard
Sophia, Martin
Loukas, Mehta
Eli, Melsness
Coco, Mitchell
Sophia, Niholls
Bryn, Pretty
Mariya, Rahim
Keira, Roberts
Clara, Sahota
Everett, Wells
Jakob, Wiebe
Nora, Woynillowicz

Congratulations to the following students who achieved a 3.00 – 3.99 grade point average in the November reporting period of the 2022-2023 school year (Minimum 3 courses; all marks C+ or better)

Grade 12

Wyatt, Adams
 Bryn, Anderson
 Lynelle, Arsenault
 Yuzuka, Asaka
 Noah, Ayles
 Ace, Babecy
 Ambika, Bansal
 Maria, Barnacha
 Alysa, Bell
 Austin, Bice-Pollard
 Josh, Black
 Savanna, Brandenburg
 Finnigan, Buckingham
 Lucas, Bull
 Kyara, Caldwell
 Olivia, Campogrande
 Siobhan, Cavanaugh
 Xin, Chen
 Alex Coffin
 Lea, Comunale
 Noah, Dean
 Tatum, DiCico
 Daniella Grace, Enicame
 Tyzik, Fix
 Mariagrazia, Gavazzoli
 Oliver, Golder
 Ella, Golinowski
 Cohen, Grundy
 Patrick, Guevarra
 Reed, Hale
 Katrina, Hesse
 Joaquin, Horna Grandez
 Hunter, Jackson
 Mani, Joly
 Mia, Jones-Munro
 Ayla, Leckenby
 Aki, Lewis
 Serena, Luong
 Vittorio, Massari
 Chiara, Mazzoni
 James, McColm
 Elsa, McLaren
 Flynn, Migallo
 Nathan, Mitchell
 Wynter Slug, MG

Grade 12 Continued

Kellia, Muhorakeye
 Arisa, Murakami
 Hafiz, Naderi
 Marghertia, Naglia
 Atira, Niebergall
 Anna Giulia, Nuccio
 Vittoria, Odiardo
 Mica, Olsen
 Ayane, Oyanagi
 Silvia, Pecorella
 Mason, Perry
 Durga, Phelan
 Nat, Porkpoonkham
 Jaida, Ready
 Teanna, Rianne
 Vittoria, Rizzo
 Lilli, Robinson
 Liana, Suurkask
 Jackson, Threlfall
 Jared, Villanueva
 Angel, Vitalista
 Chloe, Walker
 Teagan, Williams
 Hector, Wilson
 Gabriel, Wood
 Morgan, Zocco

Grade 11

Raidon, Amann-Blake
 Maxim, Balobanov
 Savannah, Bartleman
 Sofie, Boesking
 Kathleen Heart, Caparas
 Elyse, Clifford
 Antonio, Coelho
 Bowie, Connor
 Xyrehl, Crisostomo
 Kailani, Czyzewski
 Van Loudrick, Dazo
 Yasin, Derdak
 Rylee, Dixon
 Lily, Drimmel
 Elijah, Eldredge
 Gabriel, Ferreira Bruno

Grade 11 Continued

Rory, Fleming
 Arco, Foord
 Ronan, Gates
 Rainier, Gomez
 Briar, Gotro
 Jake, Grenier
 Melody Joie, Hilario
 Adam, Hill
 Tobin, Hocking
 Sophia, Kahil
 Ryan, Karimi
 Chloe, Koncek
 Chelsea, Kutsal
 Bijou Lalonde
 Beaver, Luchina
 Rayan, M Alhaj Obid
 Sovan, Manalo-Ung
 Ella, McCartney
 Aliyah, Minter
 Anil, Mishra
 Avery, Mitchell
 Faiza, Naderi
 Ayu, Nagayama
 Jula, Nickel
 Mirano, Nishiyama
 Yoshiko, Oike
 Spenser, O'Shea
 Lina, Petros
 Natthamon, Piasaun
 Elizabeth, Rose
 Caleb, Sandham
 Tyler, Santos
 Sebastian, Schallie
 Arne, Schulte
 Sierra, Seidlitz
 Ella, Smith
 Mattigan, Waldron
 Parker, White
 Honoka, Yamazaki
 Al, Yoshinaga

Grade 10

Joie Chrystiene, Abellar
 Aiken, Parker
 Audrey, Anderson
 Julia, Arnall Plantes
 Cole, Barr
 Aya, Behr
 Tate, Bevington
 Claire, Black
 Samantha, Bodnar
 Michele, Buckley
 Diego, Calo Betancourt
 Ella Chamberlain-Mills
 Lachlan, Cholette
 Emilia, Clark
 Molly, Coffin
 Kailey, Coulson
 Maryn, Crossley
 Torsen, Dale
 Sullivan, Day
 Rhiana, Dean
 Molly, Descantes
 Miya, Doak
 Adrian, Evans
 Dominic, Felton
 Carolina, Fisher
 Veronica, Floritto
 Angel, Gardida Guevara
 Piers, Gerard
 Kaya, Gilbert
 Alexander, Gillingwater
 Elsa, Haida
 Bailey, Hanson
 Brooke, Hanson
 Ansel, Holm
 Flower, Hoover
 Asha, Horter
 William, Hovey
 Hillary, Htoon
 Theodore, Jack
 Andrew, Janz
 Flora, Jeque
 Siheon, Kim
 Severyn, King
 Hanna, Kucher
 Spencer, Kulpas
 Angelina, Lindsay

Congratulations to the following students who achieved a 3.00 – 3.99 grade point average in the November reporting period of the 2022-2023 school year (Minimum 3 courses; all marks C+ or better)

Grade 10 Continued

Agnes, Lord
 Ahisejah, Mackay
 Tallulah, MacLeod
 Denzel, Manna
 Caylus, Martin
 Ash, Mitchell
 Nooreen, Moradmand
 Sandy, Nguyen
 Daniel, O'Hara Carasco
 Chelsey Lorraine, Perera
 Julia, Pollock
 Henri, Quillevere
 Helena, Ramos
 Micah, Razon
 Parker, Reeve
 Ava, Rodriguez
 Phoenix, Ross
 Ashton, Routbard
 Mateo, Ruiz
 McCarthy, Russell
 Walker, Sproule
 Sofia, Spuling
 Storm, Stubbs
 Yuri, Takata
 Ceyla, Taylor
 Talia, Tuzinde
 Linn, Vollmer
 Kaitlyn, West
 Jaeden, Wiebe
 David, Wilson
 Sydney, Woodrow
 William, Yerex

Grade 9

Alisa, Aldrige
 Maddison, Anseeuw
 Tamara, Armstrong
 Callum, Ayles
 Arden, Barott
 Laura, Biro
 Uisce, Bliss
 Pascal, Bobbitt
 Jonnasia, Bonus
 Marley, Boon
 Hannah, Booth
 Aiden, Bras
 Simon, Brunet
 Jack, Carmichael
 Molly, Chrisholm
 Abrahm, Clysdale
 Nyah, Cox
 Lucia, Cross
 Maya, Davidson
 Rukmn, Dhillon
 Sascha, Drimmel
 Mary, Ducommun
 Rusty Esmores
 Sereia, Felipe-Alves
 Eva, Filipponi
 Michelle, Fong
 Soren, Frank
 Aidan, Fraser
 Cairo, Gates
 Karl, Gaton
 Serena, Gaudin
 Makenna, Glaab
 Bella, Gomes
 Regina, Gonzalez
 Kara, Griffin
 Elliot, Guerrero
 Owen, Hamm
 Ruby, Hilditch
 Mya, Holland
 Natalia, Horna Grandez
 Camila, Jimenez
 Yardenne, Katz
 Bee, Kelly
 Ace, Kenept-Coombes
 Tanzie Kaeli, Lagasca
 Rowan, Lees-Burden

Grade 9 Continued

Valeria, Lemus
 Samuella, Lilas
 Stefen, Lozer
 Biko, Luma
 Hunter, Lund
 Riley MacLeod
 Ty, Martinuk
 Aiden, McEvoy
 Illas, Mehta
 Nora, Mills
 Sofia, Morton
 Cooper Multhauf
 Ahdiyeh, Newell
 Cole, Niedjalski
 Lucy, Parker
 James, Power
 Anushobhini, Prasanth Babu
 Ethyn, Prescott
 Charlotte, Reed
 Karah, Reamer
 Ethan, Reilly
 Chad, Roberts
 Ayelen, Robinson
 Max Rysiew
 Nico Schmid
 Ailwyn, Silveria
 Oliver, Slade
 Mannat, Soni
 Bailey, Soper
 Lily, Summerwood
 Scarlett, Tasker
 Supna, Taylor
 Mynah, Thomas
 Sam, VanAkker
 Dexter, Vandekerkhove
 Beckett, Vanderwal
 Valeria, Vilchez
 Patrick, Walasek
 Sylvie, Watson
 Lucien, Webb
 Josephine, White
 Sullivan, Wright

ABUSE and TRAUMA	
Child Abuse Prevention/Counseling (Mary Manning)	250-385-6111
Greater Victoria Police Victim Services	250-995-7351
Help Line for Children (up to age 19)	250-310-1234
VictimLINK BC	1-800-563-0808
Victoria Sexual Assault Centre	250-383-3232
Youth Against Violence Line	1-800-680-4264
ADDICTION SERVICES	
Alateen	250-383-4020
Alcohol & Drug Information & Referral Service	1-800-663-1441
Alcoholics Anonymous	250-383-7744
Foundry (Victoria Youth Clinic)	250-383-3552
Island Health Discovery Youth and Family Services	250-519-5313
Narcotics Anonymous	250-383-3553
Problem Gambling Help Line	1-888-795-6111
Specialized Youth Detox (YES)	250-383-3514
Umbrella Society Mon-Fri 9-1PM	250-380-0595
Victoria Native Friendship Centre	250-384-3211
EATING DISORDERS	
Jessie's Legacy Program	1-604-988-5281
Keity Mental Health (Eating Disorders)	1-800-665-1822
Looking Glass BC	604-314-0548
MICFD Eating Disorders Program	250-387-0000
Overeaters Anonymous	250-413-3093
EMERGENCY FOOD	
Alliance Club	250-361-3923
Burnside Gorge Food Rescue	250-388-5251
Mustard Seed Food Bank	250-953-1575
Saanich Neighbourhood Place	250-360-1148
Sanctuary Youth Centre	250-385-6255
LGBTQIA2S+	
AVI (AIDS Vancouver Island) Health & Community	1-800-665-2437
PFLAG (victoriabc@pflagcanada.ca)	n/a
Trans Lifeline	1-877-330-6366
Uvic Pride	250-472-4393
HOUSING ASSISTANCE & SHELTER	
Kiwanis Youth Shelter	250-386-8282
Out of the Rain Youth Night Shelter	250-415-3856
Pandora Youth Apartments	250-380-2663
Threshold Housing Society	250-383-8830

Where Youth Can Call For HELP

CHILD AND YOUTH MENTAL HEALTH

Victoria 250-356-1123
 Saanich 250-952-5073
 Sooke 250-642-7748
 Westshore 250-391-2225
 Indigenous Team
 250-952-4073



IN CASE OF EMERGENCY CALL 911



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Scan to access this information online

2022-2023



LEGAL INFORMATION	
B.C. Ombudsperson	250-387-5855
Crime Stoppers	1-800-222-8477
Dial-a-Law	1-800-565-5297
Law Centre—University of Victoria	250-385-1221
Representative for Children & Youth	1-800-476-3933
Restorative Justice Victoria	250-383-5801
MEDICAL HELP	
BC Drug & Poison Information Centre	1-800-567-8911
Foundry (Victoria Youth Clinic)	250-383-3552
HealthLink BC	811 or 604-215-8110
Island Health Public Health Nursing	250-388-2200
MULTI-CULTURAL	
Anti-Dote Multi-Racial Girls Network	info@antidoteneetwork.org
Inter-Cultural Association	250-388-4728
Victoria Immigrant and Refugee Centre	250-361-9433
Victoria Native Friendship Centre	250-384-3211
MENTAL & EMOTIONAL HEALTH	
B.C. Bereavement Helpline	1-877-779-2223
Crisis Line Association BC	1-800-784-2433
Keity Mental Health	1-800-665-1822
Kids Help Phone Line	1-800-668-6868
Kuu Us Crisis Line Society	250-723-2040
Men's Therapy Centre	250-381-6367
Mental Health Recovery Partners	250-384-4225
Need2—Youth Space Chat Line	Text 778-783-0177
South Island Centre for Counseling	250-472-2851
Vancouver Island Crisis Line	1-888-494-3888
Victoria Youth Empowerment Society	250-383-3514
POLICE (non emergency)	
Oak Bay	250-592-2424
Saanich	250-475-4321
Victoria	250-995-7654
SEXUAL HEALTH	
AVI (AIDS Vancouver Island) Health & Community	250-384-2366
Best Bables Fernwood	250-381-1552
Foundry (Victoria Youth Clinic)	250-383-3552
Island Sexual Health Society	250-592-3479
Sex Sense Help Line	1-800-739-7367
YMCA Young Moms Program	250-382-1004
Victoria Pregnancy Centre	250-380-6883

<https://healthyschools.sd61.bc.ca/resources-links/where-to-call-for-help-2015-2016-2/>