



VICTORIA HIGH SCHOOL

KEEPING STUDENTS

AND STAFF SAFE:

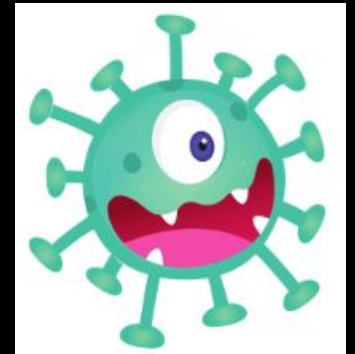
MARCH UPDATES!





Feeling sick?

- Every day, all staff and students must complete a Daily Health Check. Use the BC COVID app or www.bc.thrive.health
- DO NOT come to school if you feel sick or are showing symptoms
- Follow the advice of healthcare professionals
- If feeling unwell while at school:
 - Tell your teacher
 - Go to the office
 - Your parent/guardian will be called





Wearing a Mask

Masks must be worn at all times inside the school.

- May be removed to eat or drink (safer option: eat lunch outside)
- Must be worn at desk, in hallways, in washrooms, etc.
- There are very few exceptions to mask wearing: If you think you are an exception, please speak with your teacher(s) or administration as soon as possible
- We **need** to continue to keep our school as safe as we can



How to wear a mask

WEAR MASKS PROPERLY

COVER YOUR MOUTH AND NOSE



WORKING TOGETHER TO STAY SAFE!



How to (and not to!) wear a mask





Effectiveness of masks

Least Effective

Most Effective



**Fleece Neck
Gaiter**



Bandana



Cloth Mask



**Surgical
Mask**



**Double Mask
(Cloth & Surgical)**



N95



Forgot your mask?

- Go home and grab it
- Call for someone to drop one off (wait outside)
- Go **directly** to the office to receive disposable mask
- Please **DO NOT** attend class if you do not have a mask - this is for everyone's safety



School entrances:

- Three designated entrances:
 - ~~West (2nd floor)~~
 - Central (1st floor)
 - ~~East (basement)~~
- ~~Please use the entrance that corresponds to your learning space~~
- ~~Earliest entry into school will be at 8:45am unless you have early, outside of the timetable classes~~



School exits: **optional but still good practice**

- There are many!
- Please use the exit that is closest to your learning space (ask your teacher)
- Avoid walking through halls to meet friends in foyer or waiting outside friends' classrooms
- When leaving, walk around the outside of the school rather than through the school



BREAKS

- One break for whole school
- Begins after the announcements in the morning
- 15 minutes long
- 10:15am to 10:30am (approximately)
- 1:45pm to 2:00pm
- ~~Areas you can spend your break:~~
 - ~~In your classroom~~
 - ~~Outside of the building (avoid crowding on the front steps — keep moving to get fresh air and exercise!)~~
- ~~NO crowding or meeting friends in hallways~~
- ~~Inside benches are out of commission for now!~~
- ~~Walk quietly through hallways to your closest exit to avoid distracting those who are not on their break~~





BREAKS

- Staff may still decide to take their break at a different time to accommodate a specific learning activity (assembly, guest speaker, test, etc.), but will strive to maintain break times consistent with the rest of the school where possible.
- No bells to indicate the start or end of breaks.





HALL AND BATHROOM PASSES

- We are using these to keep hallway crowding to a minimum
- You will need one of these if you need to leave your classroom for any reason (bathroom break, water break, counselling appointment, etc)
- Only one person with a bathroom pass at a time - so be quick!
- Please sanitize with spray cleaner when you return them





BATHROOM ETIQUETTE

- Bathrooms are for bathroom use only!
- ~~Maximum two people in bathroom at a time~~
- ~~Line up outside and wait if max capacity has been reached~~
- Please do not use the bathroom for the following reasons:
 - Doing your make up
 - Having a chat
 - Taking a call
 - Taking a break
 - Vaping (especially vaping...for so many reasons including COVID safety)
- The bathrooms are for everyone, so please be respectful



Lunchtime!

You are now permitted to eat lunch where you would like but please remember:

- Eating outside is the healthiest option still!
- To pick up your litter and dispose of it in the correct recycling/compost bins
- The gym is available for shooting hoops, badminton and volleyball
- The library is open and available to eat with friends in the front half away from books and tech



Focus Blocks

- Monday (AM) & Tuesdays (PM) - In classroom
- Wednesday (AM) - Designated learning spaces
- Thursday (PM) - Designated learning spaces or leave campus
- ~~● Until the end of quarter 2, focus blocks will be spent in your morning (Mon/Weds) or afternoon (Tues/Thurs) classes~~
- ~~● For now, no movement during focus blocks~~



Focus Blocks

- Review Focus Time document on Wednesday morning with class



FOCUS Time

FOCUS time is a period of instructional time built into the Vic High daily schedule that empowers students by giving them some measure of choice and control over their own learning. During FOCUS time, students are expected to be in a classroom, working on school work, either individually or in groups, meeting with staff for support on classwork, or working on projects, under staff supervision, that they are passionate about.

Expectations for students during FOCUS time

- FOCUS time is Class Time/Instructional Time – Students must be in a classroom or learning space.
- Students should plan ahead and determine which learning space they will be attending for FOCUS Time and what they will be accomplishing during that time. Some rooms do not permit 'drop in' students for FOCUS.
- Students must arrive at their FOCUS class by the start of the bell and remain in the class for the full period.
- If a student arrives at a learning space that is already full, they must move on to another learning space.
- Students may be required to stay with their classroom teacher to complete overdue work/tests at the teacher's discretion.
- Learning spaces open to all students:
 - Library - Grade 11 and 12 students will be given priority.
 - Gym - Limited capacity
 - Weight Room - Limited capacity



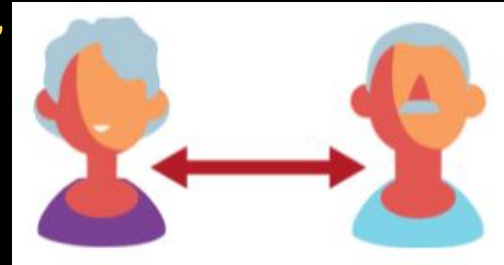
Staggered Dismissal

- ~~● Dismissal at the end of the day will be staggered, by classroom (see info poster)~~
- No more staggered dismissal times - everyone leaves at the end of the day together
- Once dismissed, please leave quietly and quickly unless you have a class, club or a school organized activity



Distancing: **still good practice!**

- Be mindful of personal space and respect those with different comfort levels than yourself
- Continue to line up distanced
- Avoid crowding; spread out where possible
- Outside is safer than inside
- Please be mindful of others in community, such as Mayfair Mall, Tim Horton's, etc.





SHARING THE RESPONSIBILITY

- Enhanced cleaning protocols are still in place
- So that custodians can concentrate on keeping communal spaces clean, we are asking that students take turns **spraying down the desks and chairs** at the end of every class
- We are also asking students to **stack chairs** at the end of the day to allow custodians more time to deep clean



When do we have to sanitize our hands?

- **Sanitize** when you enter the building
- **sanitize** when you re-enter and leave class
- **wash hands** when you use the washroom
- **May** be asked to sanitize whenever you change activities during class
- Sanitize before and after eating/breaks
- **When in doubt, sanitize!**





#wearevichigh

- * be kind
- * be calm
- * be safe
- * this is temporary!