



# Career Research

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## Step 1: Pre-Research

**Choose one potential career that you may consider pursuing in the future—remember to follow your heart and choose a career/occupation that you will enjoy—be realistic and practical. In a paragraph--**

1. Explain why you selected this career? For example--Personality match? Personal dream? Parental expectation?
2. What do you know about this career right now?

## Step 2: Research

**Research the following information for your specified career/occupation.**

- a) What is the work really about? Job description? Main duties?
- b) Educational/training requirements.
- c) Working conditions for your career choice (salary, working environment, etc.)?
- d) Projected demand? Growth rate? (future job openings)
- e) Professional associations/organizations for your career?
- f) Additional information regarding this career.

## Step 3: Reflection

**Please type out each question followed by a response.**

1. Networking—Do you have any connections with anyone in your chosen field of work? If so, who? Or how could you develop or create connections to learn more about your career of interest?
2. What do you foresee as some challenges and/or limitations you may face in pursuit of your goal?
3. Do you think that the career/occupation you have chosen will meet your future needs and expectations? Why?/Why not?
4. Do your skills, interests and values connect to your chosen career? Comment on all three.
5. What will your next steps be in meeting the challenges/requirements of this potential career choice?
6. What could you do now to gain more experience—consider community involvement, volunteer opportunities, and employment options.